

CHALLENGE 15: MUSIC FEELS



“What would the world be without music?”

DO

Close your eyes and quietly listen to some gentle music for a few minutes to relax.

THINK

How does it make you feel? What images or memories does it evoke? What kind of music do you enjoy? What’s your favourite song and why?

SHARE

your ideas with someone else who enjoys music. Listen to the music again and write down some words or draw an image that comes to mind. Can someone else guess what music you were listening to?

Simple music ideas:

- Why not try a new radio station to discover some world music or hear what is in the charts?
- Make some music yourself and rediscover an old passion or begin a new one. Dust off an old instrument or just enjoy making a noise with your voice, pots and pans, or clapping.
- Watch a music video or concert on TV or YouTube www.youtube.com